

2 Step Guide To Understanding Alternative Treatment Tools vs Standard of Care Treatment Tools

1: Standard of care vs alternative treatment tools.

List the top 5 tools on the table from each category that you are familiar with and answer the questions that follow.

Standard of Care Treatment Tools	Alternative Treatment Tools

How are standard of care treatment tools different from alternative treatment tools?

Is the goal of the standard of care tools to help patients achieve remission, results or Bipolar IN Order?

Is the goal of the alternative treatment tools to help patients achieve remission, results or Bipolar IN Order?

2: Understanding Remission vs Results vs Bipolar IN Order

Do I know what the goal of remission is? _____ Yes _____ No

Do I know what achieving results looks like? _____ Yes _____ No

If the answer to the previous question was yes, list an example of results worth achieving.

What is the difference between Bipolar IN Order and Bipolar Disorder?